SENIOR PRACTICUM SITE SELECTION FORM
Exercise Physiology Program

Student Name: ___________________________________________________

Cell phone: ________________________________

Choose one type of site to indicate what most interests you:

☐ strength & conditioning  ☐ cardiac rehab  ☐ corporate
fitness center  ☐ fitness center  ☐ research  ☐ educational
facility

Instructions:
Identify 5 practicum sites. Do not list 5 cardiac sites instead limit your choices to no more than 3 of the
categories described above. Please list in order of preference (1 being the most preferential).

Due to class size we are unable to guarantee students will be assigned to 1 out of the 5 choices. The
choices are used as a guide for student placement.

1. __________________________________________________
2. __________________________________________________
3. __________________________________________________
4. __________________________________________________
5. __________________________________________________

1) Attach a copy of your course schedule to this form. Be sure your schedule can accommodate the hours
required at the sites you choose.
2) Attach a word document describing the rational for each of the sites you have chosen. Explain your
goal for the practicum and include how you think these goals will assist you on your career path.

Sites require students be interviewed prior to the start of practicum. They are looking for very specific
types of people and want students to be a good “fit” for their site. Therefore, it’s important to carefully
consider the sites you choose.

• If you choose strength & conditioning, a fitness center, or a corporate fitness center know the
difference between the three and be prepared to wear workout attire and exercise.
• If you choose cardio pulmonary rehab, be sure you have a compassionate nature and an
understanding of patient recovery.
• If you choose an educational site, be sure you know the population at that site and will be
comfortable working with them.

As you complete this assignment you should consider your descriptions as information you would
provide during a job interview. The better your information, the easier it will be for us to promote you with
your chosen site.

Note: Paperwork not completed on time will result in delay of assignment to a site. No change in
semesters will be allowed.